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# **THE ROLE OF BETA-AMYLOID IN WHITE MATTER DAMAGE: POSSIBLE COMMON PATHOGENETIC MECHANISMS IN NEURODEGENERATIVE AND DEMYELINATING DISEASES**

Anna M. Pietroboni<sup>1,2\*</sup>, Annalisa Colombi<sup>2</sup>, Tiziana Carandini<sup>1,2</sup>, Elio Scarpini<sup>1,2</sup>, Daniela Galimberti<sup>1,2</sup>, Marco Bozzali<sup>3,4</sup>.

<sup>1</sup>Fondazione IRCCS Ca' Granda, Ospedale Maggiore Policlinico, Milan, Italy

<sup>2</sup>University of Milan, Dino Ferrari Centre, Milan, Italy

<sup>3</sup>Department of Neuroscience 'Rita Levi Montalcini', University of Torino, Turin, Italy

<sup>4</sup>Department of Neuroscience, Brighton and Sussex Medical School, University of Sussex, Brighton, UK

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\* **Corresponding Author:** Anna M Pietroboni,

Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico, Via F. Sforza 35, 20122 Milan, Italy.

Email: pb.anna@libero.it.

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## **ABSTRACT**

### **Purpose of review**

Just as multiple sclerosis (MS) has long been primarily considered a white matter (WM) disease, Alzheimer's disease (AD) has for decades been regarded only as a grey matter (GM) disorder. However, convergent evidences have suggested that WM abnormalities are also important components of AD, at the same extent as axonal and neuronal loss is critically involved in MS pathophysiology since early clinical stages. These observations have motivated a more thorough investigation about the possible mechanisms that could link neuroinflammation and neurodegeneration, focusing on  $\beta$ -amyloid ( $A\beta$ ).

Neuroimaging studies have found that patients with AD have widespread WM abnormalities already at the earliest disease stages and prior to the presence of  $A\beta$  plaques. Moreover, a correlation between cerebrospinal fluid (CSF)  $A\beta$  levels and WM lesion load was found. On the other hand, recent studies suggest a predictive role for CSF  $A\beta$  levels in MS, possibly due in the first instance to the reduced capacity for remyelination, consequently to a higher risk of WM damage progression, and ultimately to neuronal loss.

We undertook a review of the recent findings concerning the involvement of CSF  $A\beta$  levels in the MS disease course and of the latest evidence of AD related WM abnormalities, with the aim to discuss the potential causes that may connect WM damage and amyloid pathology.

**Keywords:** amyloid- $\beta$ , white matter damage, inflammation, neurodegeneration.

## BIOLOGY OF AMYLOID: STRUCTURE, FUNCTION, AND REGULATION

Amyloid precursor protein (APP) is a single-pass transmembrane protein which is expressed at high levels in the brain. Its main biological function is likely to promote cell growth. The APP is cleaved by two pathways. In case of nonamyloidogenic pathway, APP is first cleaved by  $\alpha$ -secretase, generating membrane-tethered  $\alpha$ -C terminal fragments (CTFs). The cleavage of APP by  $\alpha$ -secretase releases sAPP $\alpha$  from the cell surface and leaves an 83-amino-acid C-terminal APP fragment (C83). Further processing involves the intramembrane cleavage of  $\alpha$ -CTFs by  $\gamma$ -secretase, which liberates the P3 (3 kDa) peptide. In the amyloidogenic pathway, cleavage via the  $\beta$ - and  $\gamma$ -secretases produces several species of A $\beta$  fragments.  $\beta$ -site APP-cleaving enzyme 1 (BACE1) is the major  $\beta$ -secretase in the brain. Neurotoxic forms of A $\beta$  created by cleavage of APP initially by BACE1 produce the 99-amino-acid C-terminal fragment of APP (C99) and soluble APP $\beta$ , and the C99 is then cleaved by  $\gamma$ -secretase to produce A $\beta$ . The C99 fragment generated by  $\beta$ -secretase cleavage can be internalized and further processed by  $\gamma$ -secretase at multiple sites to produce cleavage fragments of 43, 45, 46, 48, 49 and 51 amino acids that are further cleaved to the main final A $\beta$  forms, the 40-amino-acid A $\beta$ 40 (A $\beta$ <sub>1-40</sub>) and the 42-amino-acid A $\beta$ 42 (A $\beta$ <sub>1-42</sub>), in endocytic compartments,[1]. The  $\gamma$ -secretase complex consists of four different proteins, presenilin 1, nicastrin, presenilin enhancer 2 and anterior pharynxdefective 1. Presenilin 1 (PSEN 1) is activated by auto-processing to generate N- and C-terminal cleavage products that both contain aspartyl protease sites that together are required for the activity of the mature  $\gamma$ -secretase. Moreover, both PSEN1 and presenilin 2 (PSEN2) regulate the proteolytic function of  $\gamma$ -secretase, and mutations in these proteins can change the activity of  $\gamma$ -secretase. Nicastrin, presenilin enhancer 2 and anterior pharynx-defective 1 are also critical components of  $\gamma$ -secretase and may modulate enzyme activity in response to physiological stimuli,[2].

A $\beta$  monomers aggregate into various types of assemblies, including oligomers, protofibrils and amyloid fibrils. In their aggregated form, these peptides are able to induce neurotoxicity. In particular, amyloid fibrils are larger and insoluble, and they can further assemble into amyloid plaques, while amyloid oligomers are soluble and

may spread throughout the brain. As defined 80 years ago, the amyloid fibrils must display the 'cross- $\beta$ ' diffraction pattern caused by the cross- $\beta$ -sheet motif when irradiated with X-rays. The motif is composed of tightly interacting intermolecular  $\beta$ -sheets, and each  $\beta$ -sheet comprises thousands of identical copies of the same  $\beta$ -strand that stack through hydrogen bonding. Although the pathological properties of amyloid load and propagation remain unknown, the association of amyloid fibrils with Alzheimer's disease (AD) type pathology is strong.

The production of  $A\beta$  is normally counterbalanced by several processes, including proteolytic degradation, cell-mediated clearance, active transport out of the brain, and deposition into insoluble aggregates,[2]. Several evidences suggest that proteolytic degradation is a particularly important determinant of cerebral  $A\beta$  levels and, by extension, of  $A\beta$ -associated pathology,[3]. In addition to degradation,  $A\beta$  released into the extracellular space can be transported between different compartments, such as from the brain to the blood or from the blood to the brain, and can also be cleared by chaperones, such as apolipoprotein E (ApoE), which can affect  $A\beta$  metabolism after it is released by cells and influence  $A\beta$  aggregation, clearance, and transport. The carrier- and receptor-mediated transport of  $A\beta$  across the blood brain barrier (BBB) regulates brain  $A\beta$  levels. The concentration of soluble  $A\beta$  in the central nervous system (CNS), which is central to the formation of neurotoxic oligomeric  $A\beta$  species and vascular aggregated forms of  $A\beta$ , is critically influenced by  $A\beta$  transport exchange across the BBB.

Alzheimer's disease (AD) is the most common neurodegenerative disorder, and its devastating neuropathology is tightly linked to the cortical deposition of fibrillar  $A\beta$  plaques. The major component of these deposits is  $A\beta_{1-42}$ ,[4]. However, because of the weak correlation between plaque load and AD pathology, more recent findings indicate that  $A\beta$  dimers, small diffusible  $A\beta$  oligomers, are highly toxic and more strictly associated with memory dysfunction in the early stage of AD,[5]. Although the toxic oligomers are enriched in  $\beta$ -sheet content, they are in a distinct conformation from amyloid fibrils. In vitro,  $A\beta$  has been described in many states including a membrane-bound monomer, a dimer, small oligomers, worm-like fibrils, ring-like oligomers, protofibrils, and dozens of polymorphic mature fibrils,[5].

Although each of these various structural entities appear to be toxic, it remains unclear which of them plays the major role in AD pathophysiology and by which mechanism of toxicity. Moreover, the relationship between oligomers and fibrils still remains to be established.

The amyloid hypothesis proposes that the fundamental cause of AD lies in the deposits of extracellular A $\beta$  peptides,[6]. Mutations in the human APP gene cause the development of amyloid plaques and Alzheimer's-like brain pathology, especially in early-onset familial cases of AD (EOFAD),[7]. Mutations in the human APP gene are close to the  $\gamma$ -secretase site and can increase the A $\beta_{1-42}$ /A $\beta_{1-40}$  ratio. It is reported that mutations that alter residues C-terminal to the A $\beta_{1-42}$  site reduce cleavage efficiency and increase the A $\beta_{1-42}$ /A $\beta_{1-40}$  ratio,[8]. AD-causing mutations also occur in the PSEN1 and PSEN2 genes. Mutations in the human PSEN1 and PSEN2 genes affect  $\gamma$ -secretase activity and increase the A $\beta_{1-42}$ /A $\beta_{1-40}$  ratio. Late-onset AD (LOAD) is characterized by a pattern of interwoven genetic and non-genetic factors. These genetic risk-factors may affect one or more pathogenic mechanisms, such as increased A $\beta$  production and aggregation; decreased A $\beta$  clearance and degradation; increased inflammation; and resistance to  $\gamma$ -secretase activity. All these mechanisms are believed to lead to neurodegeneration in AD brains,[2].

## **ROLE OF WM ABNORMALITIES IN AD**

In patients with AD, brain magnetic resonance imaging (MRI) detects frequently the presence of focal hyperintensities in the deep and subcortical WM,[9]. Their presence seems to increase the risk for conversion from mild cognitive impairment (MCI) to AD, and to predict the progression of cognitive symptoms. Moreover, diffusion-weighted imaging (DWI) studies have demonstrated the presence of WM microstructural changes in AD brains since the preclinical stages of disease,[10]. Nevertheless, the nature of these WM hyperintensities (WMHs) remains largely unclear: traditionally, the main hypothesis considers them as chronic ischaemic lesions caused by cerebral microangiopathy.

Chronic hypoperfusion due to small vessel disease represents a potential cause for the development of WM degeneration in subjects with and without dementia. It is well known that several vascular changes reducing the cerebral blood flow, such as hypoxia-induced capillary loss, contribute to the formation of WMHs,[11]. The crucial issue is exactly their relationship with ageing and preexisting cardiovascular disorders, suggesting that vascular damage may be a predominant mechanism for their cause. Cerebral amyloid angiopathy (CAA) has been frequently observed in the brains of patients with AD at autopsy,[12]. The vascular amyloid deposition of CAA on the walls of the cerebral blood vessels can produce luminal stenosis, endothelial damage, thrombosis, thickening of blood vessels and vasospasm. This is the reason why CAA has been well accepted as the major cause of ischaemic WM damage in AD brains. To minimise the risk of confounding variables associated with vascular comorbidities, several studies, have selected patients with no remarkable history or risk factors for cardiovascular disease. They consistently showed that WMHs represent a crucial feature of AD pathology independently from patients' vascular risk factors and disease stage.

At present, it remains unclear to what extent different factors may contribute in determining the accumulation of WMHs in AD brains. It is also unclear to what extent cerebral hypoperfusion exacerbates the progression of neurodegenerative disease processes such as the accumulation of A $\beta$ ,[13]. This lack of information provides additional incentive on the importance of broadening knowledge about AD-related WM pathology, focusing for instance on the overlapping mechanisms linking together amyloid deposition and WM primary neuropathology.

Several studies suggest that A $\beta$  is toxic to oligodendrocytes,[14]. Although amyloid plaques are exceedingly rare in AD WM, the levels of soluble A $\beta$  are elevated in the WM,[15]. Thus, a direct exposure of WM oligodendrocytes to increased amounts of A $\beta$  is likely to occur,[16].

<sup>11</sup>C-Pittsburgh compound B (PiB) positron emission tomography (PET) is considered to be a useful tool for evaluating AD. PiB retention in the cortex is typically used to distinguish AD from other forms of dementia. Given the recent findings showing that WM changes are an important feature of AD, regional WM

PiB retentions in AD patients were also investigated with conflicting results. Further study is required to clarify this issue.

Only few data until are available in literature on the relationship between measures of macrostructural and microstructural WM damage and cerebrospinal fluid (CSF) A $\beta$  levels in AD. Kalheim and colleagues reported a remarkable extent of WM microstructural damage in patients with MCI who showed pathological CSF levels of A $\beta$ <sub>1-42</sub>, [17]. Additionally, a paper by Dean III et al., [18] has contributed in clarifying the relationship between amyloid pathology and myelin alteration in preclinical AD. Measuring whole-brain longitudinal and transverse relaxation times and the myelin water fraction (MWF), a significantly negative association was observed between MWF and CSF A $\beta$  levels, [18]. Concerning inherited forms of AD, Lee and colleagues reported a correlation between WMHs and CSF A $\beta$  levels, [19]. To better understand the relationship between WMHs and amyloid pathology, it was investigated how CSF A $\beta$  levels interact with measures of macrostructural and microstructural WM damage, [20]. A group of patients with cognitive decline was recruited, classifying them as A $\beta$ (+) and A $\beta$ (-) based on their CSF A $\beta$  levels. It was demonstrated that, even accounting for the ageing effect, CSF A $\beta$  levels are the best predictor for the accumulation of WMHs: the lower the CSF A $\beta$  levels, the higher the total WMHs (Figure 1A). Consistently, A $\beta$ (+) patients showed significantly higher WM lesion load (LL) when compared with A $\beta$ (-) patients. Moreover, it was not observe any significant difference in WM-LL when stratifying patients with AD for disease duration or global cognition. Against this background, it can be argued that WMHs are likely to occur at an early pathophysiological stage of AD. In this picture, these findings suggest that CSF A $\beta$  reduction might be associated with the occurrence of WM metabolic damage due to A $\beta$  deposition, possibly caused by impairment of pathways implicated in myelination and myelin repairing processes, [21,22].

In conclusion, all these studies suggest that WM lesions and their microstructural substrate represent a crucial feature of AD, independent of vascular risk factors and disease stage.



## ROLE OF B-AMYLOID IN MS

When taking into account the hypothesis of neurodegeneration as a major contributor to MS disability,  $A\beta_{1-42}$  has recently become an interesting candidate for its putative role in this process. APP has been detected in MS plaques with a higher APP immunoreactivity in actively demyelinating than in chronic lesions, thus indicating a modification of APP metabolism across disease stages,[23]. Moreover, APP was found upregulated in both acute and chronic MS lesions and has been regarded as a sensitive marker of axonal damage,[24]. Reduced CSF  $A\beta$  levels have already been reported in MS patients,[22,25], although the interpretation of these findings remains controversial. A recent study in a relatively small group of MS patients revealed that lower baseline levels of CSF  $A\beta$  are predictive of a more severe disease progression over 3-year clinical follow-up,[22]. Following this preliminary study, a larger cohort of MS patients with a longer follow-up was recruited, classifying them in those  $A\beta_{low}$  and those  $A\beta_{high}$  based on their CSF  $A\beta$  levels. With respect to the clinical outcome, the  $A\beta_{low}$  status was associated with a higher risk of disease progression,[26] (Figure 1B and 1C). As a confirmation of this, CSF  $A\beta$  levels came out as a predictor of clinical disability.

With respect to the underlying processes that might explain why reduced CSF  $A\beta$  levels associate to a worse clinical outcome, the spectrum of hypotheses appears multifaceted. There is the myelin model that combines the occurrence of WM metabolic damage with  $A\beta$  deposition,[21]. On the one hand, the inflammation increases BACE1 activity, which was previously found increased in patients with reduced CSF  $A\beta$  levels,[27]. BACE1 is also involved in the cleavage of neuregulin 1 (NRG1),[28], a protein that plays a crucial role in myelin repair. On the other hand, CSF  $A\beta$  reduction could depend on APP deposition around injured axons, although there is no evidence of  $A\beta$  deposition in MS plaques. Nevertheless, these studies suggest that CSF  $A\beta$  levels may represent a significant feature in MS, as they resulted being predictive biomarkers of disease progression,[22,26]. As part of a fascinating hypothesis, it can be speculated that lower CSF  $A\beta$  levels may be associated with a decreased ability to remyelinate CNS axons, with an early WM and GM damage, and with a higher probability of clinical disease progression.

Considering the relationship existing between some genetic factors (i.e., apolipoprotein polymorphisms), myelin repair efficiency, and the risk of amyloidosis, it is possible that genetic modulations, whose effect is typically observed in old age, may have an impact in younger ages only when individuals are affected by a highly impacting condition such as MS. A relationship between APOE genotyping and MS severity, however, remains poorly investigated and controversial,[29,30]. Similarly, the exact role played by A $\beta$  in MS pathophysiology remains to be fully understood.

PET with amyloid tracers (e.g. PiB, florbetapir, florbetaben, flutemetamol) was originally developed for imaging of amyloid deposition in neurodegenerative disorders and dementia,[31]. Only recently it has been proposed as an imaging marker for quantification of myelin loss and repair in MS,[32-35]. Amyloid tracers bind extensively to WM, and its uptake decreases in the presence of demyelination,[32] (Figure 2). The usefulness of amyloid tracers in MS is traditionally considered secondary to their nonspecific binding to WM, possibly being trapped in  $\beta$ -sheet structures of myelin proteins or being highly soluble in the myelin-associated lipid bilayer,[36]. Acute WM lesions show reduced amyloid tracer uptake compared with the normal-appearing WM (NAWM), thus reflecting a more extensive myelin loss within the lesions than in the NAWM,[34]. In light of these data, amyloid PET tracer WM uptake may be considered as a biomarker of demyelination.

Given these premises, amyloid tracer uptake in damaged WM (DWM) and NAWM of MS patients divided according to their disease activity was recently studied,[37]. It was also investigated possible correlations between amyloid tracer uptake and CSF A $\beta$  levels. In line with previous studies,[34,36], first it was found that the amyloid tracer uptake in larger WM lesions is reduced compared to that in the NAWM, thus confirming the role of amyloid PET as a biomarker of myelin loss. Moreover, it was showed that 18F-florbetapir uptake in patients with active disease is lower than that in non-active patients, suggesting an interesting link between early WM damage and disease activity,[37]. The most interesting finding of this study is that the tracer uptake in the NAWM correlates with CSF A $\beta$  levels: the lower the uptake, the lower the CSF A $\beta$  concentration,[37] (Figure 1D). It can be

hypothesized that active patients, i.e. those with lower uptake in both DWM and NAWM and with lower CSF A $\beta$  levels, may have a reduced capacity for remyelination and consequently a higher risk of disease progression. Strengthening this hypothesis, it was also found lower uptake in the NAWM and lower CSF A $\beta$  levels in those patients with smaller NAWM volume. In line with these findings and the aforementioned hypotheses, the correlation described between amyloid tracer uptake and CSF A $\beta$  concentration seems to confirm that amyloid plays a role in the progression of WM damage in MS. As part of this speculation, lower CSF A $\beta$  levels could be associated with a decreased ability for remyelination of CNS axons, with early WM and GM damage, resulting in a higher probability of disease progression.

## **B-AMYLOID AND WM DAMAGE**

A big issue that still needs addressing is why CSF A $\beta$  levels correlate with macro and/or microstructural WM damage in both conditions, AD and MS. At first sight, it seems complicated to identify a single mechanism for these two different conditions. As regards MS, the most convincing explanation is that a precocious micro-inflammatory milieu increases A $\beta$  secretion. However, both these processes (the persistence of inflammation and the A $\beta$  production) exercise mutual influence: just as brain's inflammatory response can increase A $\beta$  secretion (i.e. reactive astrocytes increase the expression of BACE1 and, therefore, A $\beta$  production), A $\beta$  itself can be considered as a proinflammatory mediator due to its ability to induce inflammation,[38]. Furthermore, A $\beta$  can stimulate proinflammatory cytokine release from astrocytes. The same applies to AD, even if reversed. Increased amounts of A $\beta$  trigger a cascade of neuropathological events, including demyelination, death of oligodendroglial cells and mild glial reaction,[39]. And not only that, as well as cell dysfunction and alterations in the neurotransmission,[40]. As mentioned above, A $\beta$  peptides exert a cytotoxic effect on the oligodendrocyte. As the oligodendrocyte is indispensable for the maintenance of the myelin sheath, A $\beta$ -induced oligodendrocyte death can subsequently disrupt its integrity. A $\beta$  peptides induce, in turn, a micro-inflammatory milieu, which maintains and often further affects the WM damage (Figure 3). In any case, it remains to be clarified whether A $\beta$  plays a causal role in the injury of the WM or represents only an epiphenomenon of the failure of

its reparative processes.

As speculation, one single model that could unify these two points of view may be the metabolic one, which associates the A $\beta$  deposition with the occurrence of WM metabolic damage due to several, partially still unknown factors. In line with this hypothesis, the myelin vulnerability could be the key element. The expansion of brain volume and connectivity seem largely myelin-driven, over the life-span as in the evolutionary trajectory. Human cognitive functions and behaviors are highly dependent on later-myelinating oligodendrocytes, cells that continue myelinating the circuitry of neural networks,[41]. These later-myelinating oligodendrocytes and their myelin are structurally more complex and metabolically overextended. Thus, they seem to be especially vulnerable to neuroinflammatory and neurodegenerative processes,[42]. As proposed by Haroutunian and colleagues,[41], the human species' exceptional myelination is supported by very recent evolutionary changes involving lactate dehydrogenase to augment energy production, peroxisome organelle function to augment lipid production, and ApoE to augment lipid transport/recycling. The authors explained that these adaptations may have evolved in part to support the extremely metabolically expensive processes of creating and maintaining a highly myelinated CNS,[41]. In this vision, multiple insults to myelin (i.e. inflammatory attacks during MS relapses or metabolic overload during neurodegenerative processes) could be directly responsible for A $\beta$  secretion and deposition, or indirectly linked to amyloid pathology on this as an epiphenomenon of the failure of myelin repairing processes. On the other hand, the regional vulnerability to A $\beta$  deposition could explain why the very early GM atrophy patterns observed in both AD and MS seem to be consistent and involve the same neocortical areas,[43]. In other words, cortical atrophy could be increased in those areas known to have the highest early A $\beta$  load, such as the precuneus and the anterior and posterior cingulate areas also in MS, suggesting a direct relationship between GM atrophy and A $\beta$  deposition in these regions. Moreover, a recent study identified a specific set of early A $\beta$  accumulating regions, which largely correspond to the default-mode network (DMN), revealing that the hypoconnectivity within the DMN and between DMN and the frontoparietal network is associated with low CSF A $\beta$  levels,[44]. Interesting results were also obtained with transcranial magnetic

stimulation protocols, showing in early AD not only the involvement of the hippocampus but also of the associative cerebral cortices, suggesting that A $\beta$ -related pathology would derive from the disturbance of the brain's effective connectivity implying abnormal interactions between neuronal systems,[45]. Taken together, all these findings seem to confirm that myelin or neuronal selective vulnerability may be related to metabolic and/or plastic requirements and not be associated with disease-specific pathological processes.

## **CONCLUSIONS AND FUTURE DIRECTIONS**

Although further research on amyloid pathology in WM damage is necessary, recent studies have demonstrated that (1) A $\beta$  plays a role in MS; (2) WMHs represent an early feature of AD; (3) neuroinflammation and neurodegeneration often have overlapping and uncertain boundaries; (4) CSF A $\beta$  levels are predictors for WM micro- and macrostructural damage in both AD and MS. There are additional biomarkers that can be obtained *in vivo* and could, in combination with wet biomarkers, help clarify the relationship between inflammation and neurodegeneration. Future studies, possibly with a longitudinal design, should include multiparametric measures targeting various aspects of inflammation and neurodegeneration.

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### **COMPLIANCE WITH ETHICAL STANDARDS**

### **CONFLICTS OF INTEREST**

All authors report no conflict of interests.

### **ETHICAL STANDARDS**

The research documented in this manuscript has been carried out in accordance with the ethical standards laid down in the 1964 Declaration of Helsinki.

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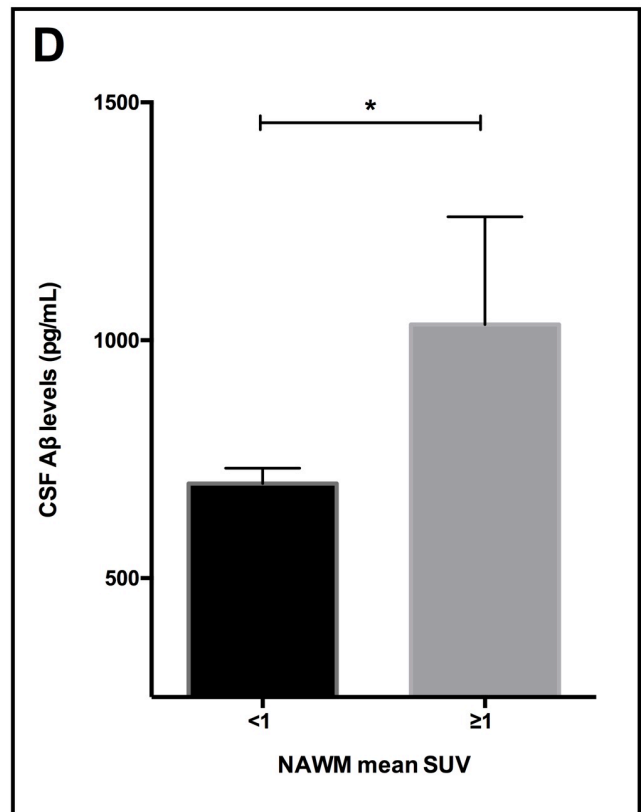
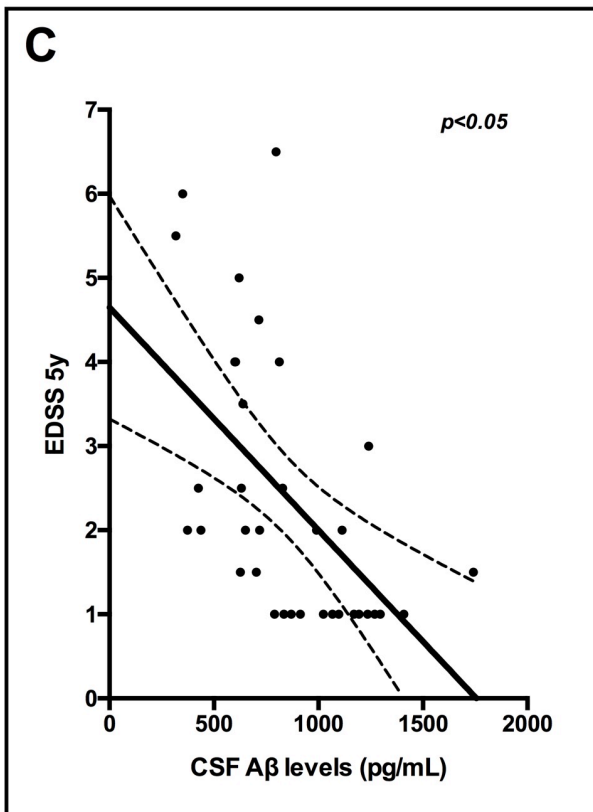
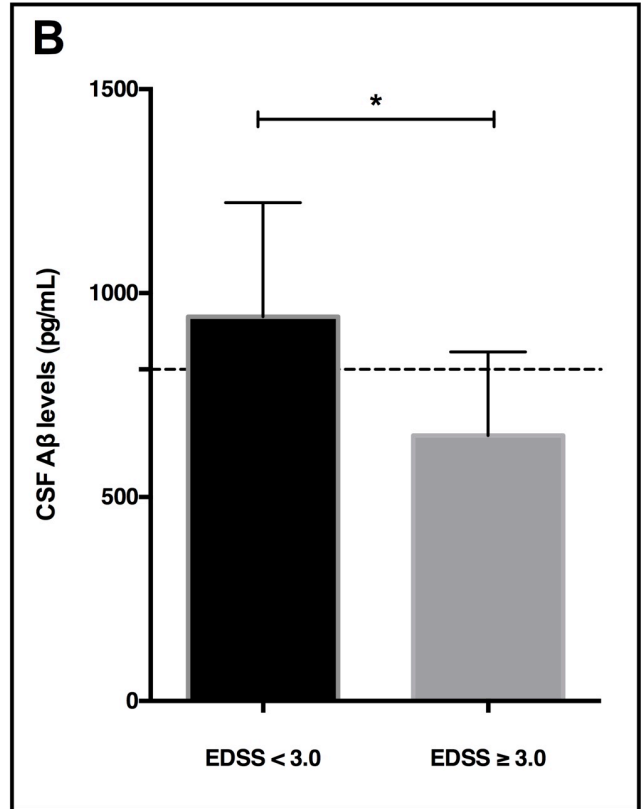
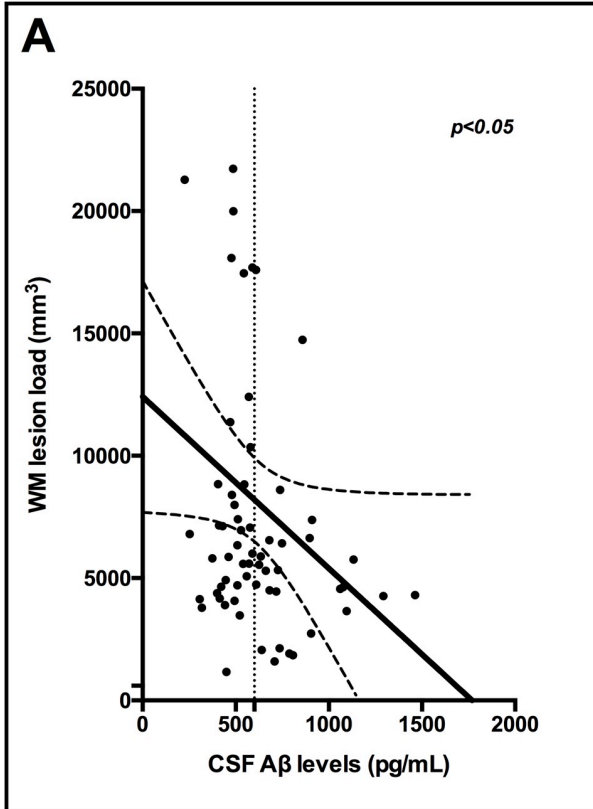


FIGURE 2

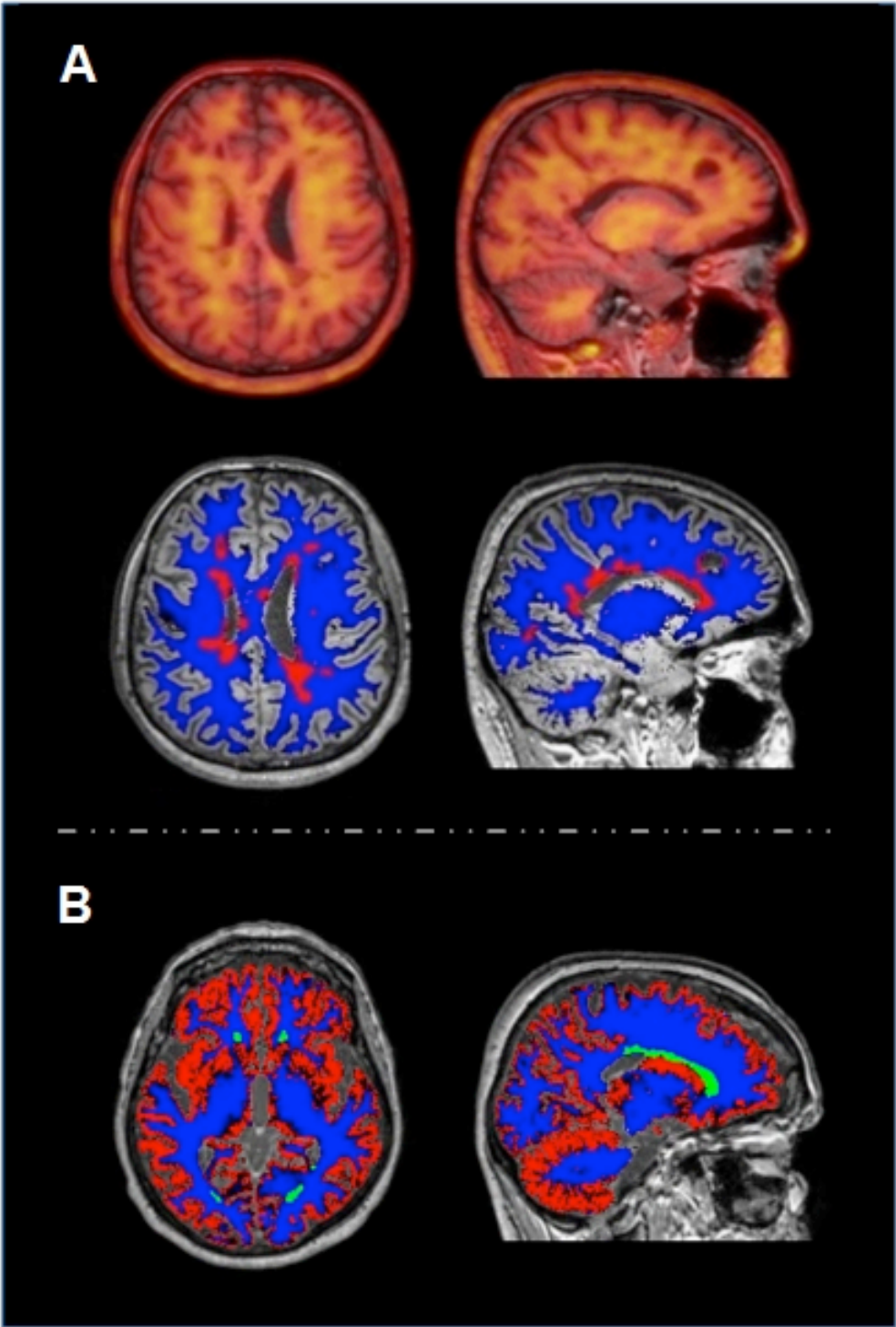
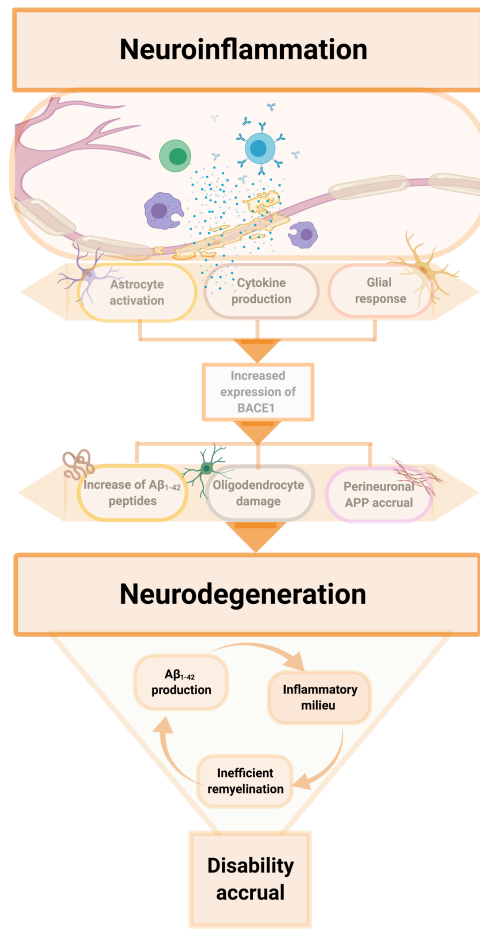


FIGURE 3



**FIGURE LEGENDS**

## FIGURE 1

A – Linear regression of total white matter (WM) lesion load in function of CSF  $\beta$ -amyloid ( $A\beta$ ) levels in both AD and non-AD patients. Scattered line shows CSF  $A\beta$  threshold for AD diagnosis, which was set at the value of 600 pg/ml (adapted from Pietroboni et al.; CSF  $\beta$ -amyloid and white matter damage: a new perspective on Alzheimer's disease; J Neurol Neurosurg Psychiatry. 2018 Apr;89(4):352-357.)

B – Comparison of CSF  $A\beta$  levels in MS patients stratified according to EDSS score (<3 or  $\geq 3$ ) at 5-year follow-up. Threshold was set at the value of 813 pg/ml.

C – Multiple regression analysis of EDSS score at 5-year follow-up in function of CSF  $A\beta$  levels (Figures B and C adapted from Pietroboni et al.; CSF  $\beta$ -amyloid predicts prognosis in patients with multiple sclerosis; Mult Scler. 2019 Aug;25(9):1223-1231.)

D – Comparison of CSF  $A\beta$  levels in MS active patients according to their normal-appearing white matter (NAWM) amyloid tracer mean standard uptake value (SUV) (adapted from Pietroboni et al.; Amyloid PET as a marker of normal-appearing white matter early damage in multiple sclerosis: correlation with CSF  $\beta$ -amyloid levels and brain volumes; Eur J Nucl Med Mol Imaging. 2019 Feb;46(2):280-287.)

## FIGURE 2

Brain MRI and amyloid PET imaging in MS (A) and AD (B).

A – Left: T1-weighted MRI/PET fusion images. Right: Normal appearing white matter (blue) and damaged white matter (red) segmentation on T2-weighted FLAIR MRI.

B – Grey matter (red), normal appearing white matter (blue) and damaged white matter (green) segmentation on T2-weighted FLAIR MRI.

## FIGURE 3

Flowchart showing the putative biological mechanism coupling neuroinflammation and neurodegeneration through amyloid-related pathways.

Neuroinflammation is considered the mainstay of multiple sclerosis pathogenesis, although it is reported to occur in neurodegenerative diseases as well such as Alzheimer disease. In this scenario, the activation of immune response cascade promotes the expression of  *$\beta$ -site amyloid precursor protein (APP)-cleaving enzyme 1* (BACE1), which is an inflammatory-induced protein. By means of preferential activation of the amyloidogenic way, an increased production of  $A\beta_{1-42}$  peptides occurs, which is assumed to exert a direct toxic effect on oligodendrocytes. In addition of that, inflammation promotes the overexpression of APP itself and reduces the clearance of  $A\beta_{1-42}$  peptides, overall concurring to sustain amyloid pathology accrual. Noteworthy, BACE1 is also involved in Neuregulin1 cleavage, presumed to be fundamental for regulation of myelination and synaptic plasticity. As a whole, these mechanisms are likely to affect myelin dynamics, without regard to the original biological insult that arouse the inflammatory response. Ultimately, the inefficiency of damage repair system promotes the persistency of such an inflammatory milieu, further enhancing the secretion of the abovementioned toxic amyloid peptides. All these interconnected conditions concur to the establishment of a disruptive self-maintaining mechanism of white matter damage progression, that ultimately leads to neurodegeneration and clinical disability accrual.